## Electromyography (EMG) and Nerve Conduction Studies

Attention Patients having an EMG or Nerve Conduction Study:

Please review the information below before your scheduled test. Failure to follow the enclosed procedures may alter the outcome of your tests.

- Patients may shower or bathe prior to testing and use deodorant. **Do not** use any powders, lotions, or oils.
- Patients may take routine medications, unless otherwise instructed.
- Wear loose clothing.
- Patients may be asked to change into a gown.
- Patients having tests on the lower body should also wear loose fitting clothing on their legs.

Please alert the doctor or nurse on the following:

- Patient is currently take blood thinners
- Patient is experiencing bleeding problems
- Patient has problems with their immune system

## Patients, please also plan on arriving 15 minutes prior to your scheduled appointment.